

Implementation Of Schoolhealth Business Program Management In SMP Negeri 34, City Of Palembang

Sugiarti¹*Happy Fitria²Achmad Wahidy³

¹SMP Negeri 34 Palembang
^{2,3}Universitas PGRI Palembang
E-mail: komplekdamai01@gmail.com

Abstract

UKS is a unit that provides students with health services to improve their health. Research findings at SMP Negeri 34 Palembang showed that: UKS management began from: (a) preparation (b) execution, (c) control was not optimal. Obstacles to the introduction of the UKS program are due, among other things, to insufficient clean and safe living practices, issues with human resources, inadequate facilities and infrastructure, insufficient documentation. Coordination was not maximal between related agencies, the UKS program was insufficient, The UKS VISION is not clear, the preparation is not yet strategic in order to achieve the VISION, limited funds in the process of implementing the UKS Program, there is still inadequate, insufficient time for Puskesmas employees to concentrate on supporting UKS, as well as clean and safe conduct.

Keywords: *Management, School Health Business*

INTRODUCTION

The enactment of Law No 23 of 2014 on regional autonomy relates to a centralization policy, including the rationalization of the education system. This means that school autonomy has been granted by the government to provide education, including improving the quality of education for learners. Those that are physically and mentally healthy are quality resources. In the educational environment of schools, one of the efforts is in the form of health, namely through the School Health Business (UKS).

According to Endjang [1], a public health company targeted at the school population is what School Health Business (UKS) means, namely: students, teachers, and other school employees. School health efforts are a series of efforts to strengthen the health status of school-aged children at all levels of education [2], It can be assumed, on the basis of some of the above opinions, that what School Health Business (UKS) means is a health business that exists in the school environment or around the school environment, consisting mainly of students and the school community aimed at improving the ability to live healthy. For students to be able to harmoniously and optimally learn, grow and develop. To understand this, considering that parents play an active role when students are at home, the role of parents in education is very important.

There are many things involved in the job of teaching, especially everything related to human development. Everything is handled by educators, starting from physical development to health, skills, thoughts, emotions, will, social, to religious development, [3]. So, in education, the role of parents is very important. Given that UKS is one of the units providing students with health services, it is designed to enhance students' ability to live healthy in a healthy environment so that students can learn, grow and develop harmoniously and optimally. Therefore, it is hoped that quality human resources can be made. [2], explains that school-based special services management is essentially designed to simplify and speed up learning, and can meet the special needs of school-based students. In schools, special services are organized with the objective of accelerating the implementation of teaching in order to achieve educational objectives in schools. School education, among others, it also tries to hold students both physically and non-physically in a state.

On the basis of the State Junior High School (SMP) 34 Palembang City's preliminary observations, it turns out that the implementation of the UKS is still not as expected, in particular the problem of the feasibility of the infrastructure support for the UKS. In providing UKS space, the school is still lacking. This is because of limited space, manpower, and funds available. There are still many vendors around the school. This is due to the lack of awareness of children about the value of food, because by eating sweets at random locations, kids sometimes neglect their health. Health counseling for students is therefore necessary, and it is also necessary to check snacks around schools in order to strengthen the implementation of UKS programs. As we understand, UKS is a vehicle to enhance the opportunity to live healthy living and the health status of learners as early as possible. To understand this, considering that parents play an active role when students are at home, the role of parents in education is very important. [6] There are many things involved in the job of teaching, especially everything related to human development. All is done by educators, starting from physical development to wellness, abilities, emotions, feelings, will, social, and faith development. So, in education, the role of parents is very important.

METHOD

This research uses a qualitative approach, taking into account that the researcher aims to obtain an in-depth and systematic image of the management of School Health Enterprises (UKS) implementation at 34 State Junior High Schools in Palembang City in this report.

RESULTS AND DISCUSSION

[9] conducted related previous research with the title: Infrastructure Management in Improving the Learning Process, the narrative of which is as follows: the aim of this study is to determine the completeness of infrastructure, infrastructure management and the efforts made by SMA Negeri 9 Palembang to improve the learning process. In this review, the research data used a qualitative research type in this study, the data was used in this study using a gap analysis that helps SMA Negeri 9 Palembang to discover which ones at SMA Negeri 9 Palembang should be improved in improving infrastructure.

Implementation of management roles in the implementation of SMP Negeri 34 Palembang's School Health Business Program (UKS).

The UKS program planning

The findings showed that a plan for the UKS objectives had been prepared by the school, one of which was to create healthy habits for all members of the school. This was explained at SMP Negeri 34 Palembang by the UKS Supervisor, who explained as follows:

"... We have prepared several UKS program plans, including a health education program, periodic checks, routine checks, student height and weight measurements, class cleaning competitions, cleaning services, and health aids from UKS. In addition, we are also planning a health service program that includes immunization, dengue mosquito eradication (*Aedes Aegypti*), and student referral to the nearest center of health" (Interview, 17 November 2020).

When the head of SMP Negeri 34 Palembang was confirmed, he disclosed the following:

... SMP Negeri 34 Palembang has set a plan for the UKS program, which consists essentially of various UKS operations, such as periodic checks, routine checks, student height and weight measurement, class cleanliness competitions, cleaning service work, and health aid making, such as speeches for students who experience bone fracture, while immunization programs and others from health services have also been planned, as well as the school environment development program, such as running school canteens, garbage dumps, and so on (Interview, 17 November 2020).

The results of the above research and interview indicate that in implementing UKS, SMP Negeri 34 Palembang has prepared a work plan by setting the objective of implementing UKS itself. Other work plans have also been prepared in addition to identifying the planning objectives for the implementation of UKS, such as: (1) health education and health services; (2) a healthy school environment; (3) training for non-existent cadres or what little doctors mean; (4) community school health development; (5) acquisition of UKS facilities and infrastructure. A teacher who was trusted to be the manager of UKS at SMP Negeri 34 Palembang revealed the following in response to this:

"... We have compiled several plans to collaborate with the Kalidoni Health Center, including education and health services. Health education includes Tiwisada Cadre Little Doctor training (Interview, 18 November 2020).

He clarified the following when reported to the Puskesmas officer in Kalidoni Subdistrict, Palembang:

"... Partnerships have indeed been formed with several schools in order to provide schools with awareness through health education. SMP Negeri 34 Palembang is one of them. We train UKS cadres for first aid (P3K) in this health therapy operation, make unconscious students aware at flag ceremonies, and can act as little doctors to cope with things that happen to students (Interview, 20 November 2020).

The new procurement preparation expenditures, meanwhile, come from school funds and self-help funds. The Head of SMP Negeri 34 Palembang states this as follows:

"... if there are costs involved in UKS activities, then these funds have been planned by taking school operational funds from both BOS funds and other independent funds" (Interview, 21 November 2020).

Based on the findings of the above observations and several interviews, it can be concluded that the school has carried out preparation for the School Health Business (UKS) activities at SMP Negeri 34 Palembang.

The UKS software implementation

The key subject of this research issue is the introduction of the School Health Business Program (UKS) at the SMP Negeri 34 Palembang. Information was obtained from UKS managers on the results of field observations regarding the implementation of the UKS program at SMP Negeri 34 Palembang it consists of the introduction of health education, an activity to provide students with health science information, including how to live safely and regularly. In the meantime, in schools, health services are carried out through counseling activities and skills training. This was explained in an interview with the author by the SMP Negeri 34 Palembang UKS coach, who revealed the following:

"... to implement the UKS program at SMP Negeri 34 Palembang is divided into two components, namely the implementation of health education and the implementation of health services in collaboration with the Palembang Health Center in the Kalidoni Subdistrict (Interview, 23 November 2020).

The UKS coach's expression above is in line with the UKS vision and mission at SMP Negeri 34 Palembang, where the Healthy, Safe, and Clean Schools vision is stated.

With the hope of creating a favorable environment to avoid cigarette smoke, pollution, adequate sanitation infrastructure and healthy learning spaces.

He explained the following when confirmed with the health center officer who had performed counseling and health services at SMP Negeri 34 Palembang:

"... Officers are very concerned lately about children's health problems that are becoming more and more important. The level of awareness of students of the dangers that threaten their health is still low, so the importance of maintaining health from within the student needs to be raised in order to avoid different diseases. "He can at least become a doctor on his own" (Interview, 24 November 2020).

In reply to this, SMP Head Negeri 34 Palembang explained the following:

"... SMP Negeri 34 Palembang has a mission in carrying out this UKS, including forming the independence of students to live healthy, increasing the reach and quality of

health services gradually and evenly, and creating a comfortable and safe school environment in order to support the teaching and learning process" (Interview , 25 November 2020)

The results of the above field findings and interviews indicate that SMP Negeri 34 Palembang will be implementing the School Health Business Program. [7] Implementation is carried out by increasing understanding of the cultivation of value and positive attitudes

towards the principles of healthy living and improving skills in health care, assistance and care issues. Information was obtained from the results of the field findings in the form of a document in the form of a handout issued by the Kalidoni Health Center Palembang on Health Education Content, summarized as follows:

Health education materials consist of: (1) protection of personal hygiene; (2) introduction of the value of immunization; (3) introduction of nutritious food; (4) introduction of the dangers of diarrhea, dengue and influenza; (5) preservation of the cleanliness of the environment (school and home) and positioning of it in subjects of physical education. (Document: Handout of Health Education,(Inteview 13 November 2020).

The School Health Business Program (UKS) at SMP Negeri 34 Palembang also carries out environmental improvement in . [9] addition to implementing education and health services. A safe school atmosphere is a state in which a school environment can encourage the creation and growth of students' healthy living behaviors. Environmental of dvelopment of SMP Negeri 34 Palembang, inter alia, is the supply of clean water for each class in this school and others.

The UKS Supervisor at SMP Negeri 34 Palembang explained " ... There are many ways of creating a safe school environment, including the availability of clean water in front of each room in the school. There are plants planted next to the school by students, as well as school cleaning carried out by school guards (Interview, 26 November 2020).

They explained the following when verified at the Kalidoni Health Center with the UKS Development Team:

To help implement immunization activities, regular activities during ceremonies on Monday are responsible for helping sick/fainted students and providing an incentive for other students to live safely in school (Interview, 27 November 2020).

It can be inferred that environmental . [10] development is successful on the basis of the results of the field observations and interviews above. In the city, school health creation is an initiative to foster a safe community climate. The process of coaching the group by visiting the school, UKS Squad, to ensure a proper socialization of healthy living in the community around the school.

Supervision

The results of the field observations revealed that monitoring and evaluation activities were carried out to oversee the implementation of the School Health Business (UKS) program at SMP Negeri 34 Palembang.

Monitoring

Just rarely is the monitoring of the implementation of the UKS Program at SMP Negeri 34 Palembang carried out. Even then, at some occasions, it is carried out. Such as the World Health Day commemoration, and other significant human health related holidays.

The teacher of SMP Negeri 34 Palembang articulated this in the following words:

"... External parties, either from the Puskesmas officers or from the Health and Education Offices, rarely track the implementation of the UKS program in this school. In this way, the implementation of the UKS Software only operates according to school needs. If more action is required, simply refer to "the next health facility" (Interview, 27 November 2020).

When checked at Puskesmas with a Health Officer, the following was explained:

“... it is accepted that monitoring the implementation of the UKS program in schools requires a special period outside office hours, given that the officers are still having a hard time serving the people seeking care in the Puskesmas itself, so it is only normal that the monitoring can only be conducted if it is difficult to serve the people seeking treatment. So it is only normal that only if there is a school program will the monitoring be carried out.(Interview, 30 November 2020).

It can be inferred, on the basis of the informant's explanation above, that the implementation of the monitoring in the sense of the monitoring of the UKS program at SMP Negeri 34 Palembang was not optimally carried out. Collaboration is not optimal between related parties.

Evaluation

In the form of a written report, the assessment of the implementation of the UKS program is carried out by reporting in mid- and annual formats. The mid-year format includes records of activities carried out over six months of activity, while the annual format applies to activities recorded over a span of one year or 12 months of activity. It has been discovered from the results of field observations that the assessment of the implementation of the UKS Program at SMP Negeri 34 Palembang was not optimally carried out. The UKS Instructor's reports are limited to reports that are adequately known and signed without any assessment or even follow-up by the Principal.

The UKS Supervisor of SMP Negeri 34 Palembang articulated this as follows:

“... As a supervisor at the UKS, I still send an annual report at the end of each year on

activities that have been carried out and those that have not been carried out. Similarly, the use of funds for UKS was also presented in writing. It's all known and was signed by the Principal. There is no assessment or tracking of the study (Interview, 3 December 2020).

Based on the description of the informant above, it can be concluded that the implementation of the assessment of the UKS program at SMP Negeri 34 Palembang was carried out, but it is not ideal since the findings of the study submitted by the supervisor of UKS were not followed up.

Obstacles to the introduction of the 34 Junior High School Palembang UKS Software.

The barriers to UKS operation implementation Negeri 34 Palembang at SMP includes:

1. The conduct of a safe and clean life has not met the goal expected.
2. For school-age children, there are different health issues.
3. Recording and disclosing unfulfilled.
4. Cooperation is not optimal between related parties.

In the introduction of the UKS Program at SMP Negeri 34 Palembang, numerous attempts have been made to resolve hurdles, including:

1. Find other organizations for funds.
2. Puskesmas workers strive between Puskesmas for sustainable activities.
3. At any chance, increase cooperation.
4. Provide students with true examples.

DISCUSSION

On the basis of the research findings above, it can be analyzed that the formulation of job programs is one of the UKS program planning activities. SMP Negeri 34 Palembang's UKS job program includes: (a) health education and health care facilities, (b) a safe school climate, (c) preparation for non-existent cadres or what little doctors mean, (d) community school health development, (e) procurement of facilities and infrastructure for the UKS.

In the context of a meeting that takes place once a year, preparation tasks are planned based on the current state of UKS with the outcomes of the opinions of the

teacher's council, school principal and school committee. The Department of Education and Culture, according to (in Mustiningsih 2016). The first step in managing UKS services to promote further activities is UKS planning. Other UKS activities are developing a safe school environment, in addition to the health education activities conducted. A safe school atmosphere is a state in which a school

environment can encourage the creation and growth of students' healthy living behaviors.

Good school activities are carried out in the form of promoting a healthy school atmosphere for members of the school. It must be very safe, such as coaching the UKS room, school canteen, using clean water sources, garbage, planting toga plants planted by learners and the bathroom used. This discipline is also the same as health education, which is contained in the subjects of physical education and then put into effect explicitly in the school environment's everyday activities. The goal of this activity is to get used to living a safe school and home life, as well as maintaining a clean and beautiful atmosphere. Not only students, but also school principals, teacher boards, school administrators, school committees and the local community are all active in this operation. The people here are residents who live around the school, the guardians of students at SMP Negeri 34 Palembang who take an active role in activities.

Controlling and enforcing practices is one of the activities in the sense of cultivating and improving UKS. This implementation control covers oversight, assessment, tracking and reporting activities. Evaluation of the implementation of the UKS program at SMP Negeri 34 Palembang The evaluation of the implementation of the UKS program at SMP Negeri 34 Palembang is carried out orally or in the form of a written report by sending reports in mid-and annual formats. Activities that have taken place in 6 months of operation are recorded in the mid-year format, whereas the annual format is the activity recorded for activities carried out in one year or 12 months. Moreover, it was also carried out by managing UKS operations from the district health team.

The aim of this activity is to get a picture of the successful implementation of the UKS program, the objective of this monitoring activity is the management of UKS and all the components therein, such as facilities and infrastructure, non-resident executives, and the activity program of UKS. Thus, in essence, UKS has a double value, namely that in addition to having an impact on efforts to improve the health status of students and other school communities, it is also on the empowerment of the school community in an effort to improve community health status. For this reason, the involvement of educators, students from education staff, school committees /students'parents, the community around the school, and health workers who foster the UKS program, with the commitment of the relevant sectors at the Central and Local Governments will determine the success of this program, however, based on the situation and conditions, the implementation of UKS was still not optimal. For this reason, it is necessary to empower the UKS order at every level of government by still referring to the applicable laws and regulations.

The results of the research carried out at SMP Negeri 34 Palembang on the facilities and facilities supporting the implementation of the UKS program showed, for the most part, that the facilities available were in good condition and operating correctly. It is known that most of the students involved in the activities of School Health Business (UKS) are members of the extracurricular health activity, namely the Youth Red Cross, based on the results of this study (PMR). Most of them became implementers of the activities of the health service UKS. When they are sick, most learners consider UKS a place of reference. Most of them were implementers of the operations of the health service UKS. When they are sick, most learners consider UKS a place of reference. Most of the students participating in extracurricular health activities said that while they were involved in UKS operations and the introduction of a robust UKS program, there were many benefits. Partnerships with parents are desperately needed because they have been active in UKS activities and the implementation of a comprehensive UKS program can not be achieved alone, so that the full result obtained is the implementation of the UKS program. The UKS coach at SMP Negeri

34 Palembang has tried to be pro-active in developing intensive contact at the Kalidoni Health Center in Palembang with the Education Office and the UKS Advisory Team. This was done to enable all parties interested in implementing UKS to take seriously the UKS program. Furthermore, SMP Negeri 34 Palembang may also urge the UKS program to make an effort to improve the physical, mental and social health status of school children.

CONCLUSION

The results of this analysis can be inferred as follows, based on the research emphasis, data exposure and research findings and discussion:

UKS management at SMP Negeri 34 Palembang starts from: (a) UKS preparation at SMP Negeri 34 Palembang, (b) UKS implementation at SMP Negeri 34 Palembang, which includes health education and health facilities, a safe school environment, training for small doctor cadres, Community school health coaching, procurement of facilities and infrastructure, (c) management and implementation of UKS in SMP Negeri 34 Palembang, supervision, assessment, tracking and reporting activities are included in this implementation control. And there are several obstacles that are experienced in managing UKS, namely a. the behavior of a clean and healthy life has not yet reached the expected level. b. There are various health problems for school age children. c. Poor recording and reporting. d. Cooperation between related parties is not optimal.

REFERENCES

- Endjang, 2011. Analisis Pengelolaan Manajemen Kesehatan Masyarakat. (makalah seminar). Bandung : Universitas Pendidikan Indonesia
- Oka, Ida Bagus, 2018. Metode Pendidikan Kesehatan Masyarakat. Jakarta : PT. Gramedia Indonesia
- Wahidy, Achmad, 2015. Peran Orang Tua dan Guru Menumbuhkan Motivasi Belajar Siswa. Jurnal Wahana Didaktika, Universitas PGRI Palembang
- Agustiana, 2012. Manajemen Layanan Khusus di Sekolah. Bandung : Alfabeta
- Fitria, Happy & Anugrah Aditya. 2019. Manajemen Sarana Prasarana Dalam Meningkatkan Proses Pembelajaran. Palembang : Universitas PGRI Palembang
- Mustiningsih, 2016. Manajemen Usaha Kesehatan Sekolah. Jurnal Ilmu Pendidikan, Yogyakarta : Fakultas Ilmu Pendidikan Universitas Muhammadiyah
- Permendiknas Nomor 24 Tahun 2007 tentang Standar Sarana Prasarana
- Undang-Undang Nomor 23 Tahun 2014 tentang Pemerintahan Daerah
- Mulyadi, Deddy. 2015. Prilaku Organisasi dan Kepemimpinan Pelayanan. Bandung: Alfabet
- Wahab, Solichin Abdul 2008. Analisis Kebijaksanaan dari Formulasi ke Implementasi Kebijakan Negara. Bumi Aksara Jakarta.